

Alberta

Crisis and Support Lines

Alberta Provincial Abuse Helpline	1-855-4HELPA B (1-855-443-5722)
Family Violence Information Line	780-310-1818
Mental Health Help Line	1-877-303-2642
Health Link	811
Alberta's One Line for Sexual Violence	1-866-403-8000
Distress Centre (24 hr line)	403-266-HELP (4357)
Distress Centre TTY	403-543-1967
Suicide Hotline	1-800-784-2433
Transgender Suicide Hotline	1-877-330-6366
Family Violence Helpline	403-234-7233 (SAFE)

Criminal Justice Services

Victim Services

Alberta Police Based Victim Service Programs offer information, support and local referrals for victims of crime and tragedy in accordance with the guidelines outlined in provincial legislation regarding victim rights and the Canadian Victims Bill of Rights. All Alberta police-based victim service programs utilize the services of highly trained volunteers to provide a 24/7 response to victims of crime and tragedy. Volunteers provide a variety of services, from the time of first response by police, to the final disposition of the case by the courts.

Alberta Line	403-632-9760
Blood Tribe Police (Standoff)	403-737-8814
Calgary	403-428-8617
Camrose	780-672-4570
Edmonton	780-421-2217
Fort McMurray	780-788-4040

Lacombe	403-782-3279
Lethbridge	403-330-5023
Medicine Hat	403-529-8480
Maskwacis First Nations	780-585-4640
Piikani Nation	403-965-2001
Sunchild O'Chiese First Nation	403-844-4421

Emergency Protection Order Designates

An Emergency Protection Order (EPO) is granted when violent or threatening behaviour occurs between family members, and when there is evidence to suggest that the violence will resume or continue, and immediate protection is necessary. Police, the RCMP, Legal Aid or Victim Services **can apply for an EPO at the request of a victim, and the order is then granted by the court.** The EPO prevents the respondent from contacting the applicant or the applicant's family, or from coming to the applicant's home, school, work, etc. These orders are only granted in situations of family violence. In case of emergency, call 911. Police officers can also make an application on your behalf.

Please see information below on the Emergency Protection Order Application Process.

Due to public health measures that have been taken to slow the spread of the Covid-19 virus, the current ways an EPO may be applied for at the present time are to apply for an EPO by calling their local police or their nearest RCMP detachment and asking for assistance.

If the respective law enforcement agency will not make the telephone application on behalf of the claimant, and the claimant still wishes to make the application, they can:

- 1) Contact Legal Aid at 780- 643-9288 for legal advice and representation. Legal Aid is only available Monday to Friday except on statutory holidays between the hours of 3:00 p.m. and 10:00 p.m.

If Legal Aid is providing representation on behalf of the claimant, they will make best efforts to verify the identity of the claimant and ensure that the Intake Sheet required for the application before the Justice of the Peace is completed.

If Legal Aid is not available to represent the claimant, the claimant can call the respective Provincial Hearing Office, based on the location of the claimant:

- Calgary Hearing Office @ (403) 297-4444, (for claimants located Wetaskiwin or south)
- Edmonton Hearing Office @ (780) 422-3699, (for claimants located north of Wetaskiwin)

OR

- 2) Depending on the proximity of the claimant to one of the Provincial Hearing Offices, **the claimant may be asked (or they can go on their own accord) to attend the respective Hearing Office in person to begin their EPO Application process.**

In Calgary, Monday to Friday between 8:30 a.m. and 4:00 p.m., you must visit Resolution Services on the 7th floor. After 4 pm, on weekdays, or on weekends/holidays, claimants must go to the office of the Justices of the Peace to make their application this is on the 2nd floor).

If the claimant is unable to attend the Hearing Office in person, the claimant will be required to:

- a. Complete the “Telephone Application for an Emergency Protection Order – By Claimant (COVID-19)”
- b. Fax or email a scan of the completed Application Form and copies of the front and back of their government issued identification (preferably an AB Driver’s License or Passport to the:
 - Calgary Hearing Office @ hearingoffice.calgary@just.gov.ab.ca , or by fax to (403) 297-3229;
 - Edmonton Hearing Office @ hearingoffice.edmonton@just.gov.ab.ca , or by fax to (780) 427-9479

If the claimant does not have any identification, they may be able to get assistance from their local police agency or they may be required to attend in person on the next sitting day.

If the claimant does not have access to a fax machine or scanner, the claimant may take a photo the documents with their phone and forward to the address noted above.

If the claimant does not have access to a computer, the Hearing Office clerk will complete the form on behalf of the claimant.

The claimant will be asked for a phone number (preferably a land line) where they can be reached once there is a Justice of the Peace (JP) available to hear the application.

The claimant will be advised that the Justice of the Peace will call them when the Justice of the Peace is ready to proceed with hearing the application. Therefore, the claimant is required to be available at the contact phone number they have provided when the Justice of the Peace calls.

The Justice of the Peace will contact the claimant once they are ready to proceed with the application.

If the Emergency Protection Order is granted by the Justice of the Peace, a copy of the Emergency Protection Order along with an information sheet (Information for the Claimant) will be sent to the claimant at the email or mail address provided on the "Telephone Application for an Emergency Protection Order – By Claimant (COVID-19)" form. The form can be found at:

https://www.albertacourts.ca/docs/default-source/pc/telephone-application-for-epo.pdf?sfvrsn=9a8a8280_2

OR

- 3) **In the event that someone may not be able to come to court physically (due to serious health concerns or travel barriers for example),** an application may be done by telephone on weekdays from 3 pm to 10 pm (it is best to call one hour prior to 10 pm) until December 1, 2020, by calling the Legal Aid Justice of the Peace EPO Duty Counsel at this number: 780-643-9288.

For additional information on applying for Emergency Protection Orders in Alberta, please visit: <https://www.alberta.ca/get-emergency-protection-order.aspx>

Please Note: EPO Reviews are still being done remotely 9 business days after the original EPO was granted, and clients have the option of appearing by telephone or by video for their EPO reviews.

Legal Aid Alberta's Emergency Protection Order Program (EPOP):

Edmonton	780-422-9222
Calgary	403-297-5260
Lethbridge	403-388-3162
Other Jurisdictions	1-866-845-3425
Family Violence Information Line (available 24/7 in 170 languages)	780-310-1818

HomeFront

#501 620 7th Avenue SW

Calgary, AB T2P 0Y8

Phone: 403-206-2100

Email: info@homefrontcalgary.com

HomeFront works alongside the criminal justice system including police and victim services, and other community partners to aid in freeing the community from family violence. Clients access the service through direct referrals from Calgary Police. Often a case manager is assigned to victims, particularly when charges are being laid

and the case is entering into the justice system. Individuals will be supported and guided through the court process and their safety and well-being will always be prioritized. Clients are also given referrals to other community programs, as well as information about potential next steps in their lives. HomeFront also partners with Calgary's Specialized Domestic Court to ensure appropriate and timely responses to domestic violence incidents.

Elizabeth Fry Society

1731 – 10 Avenue SW

Calgary, Alberta, T3C 0K1

Phone: Telephone: (403) 294-0737

Toll Free: 1 (877) 398-3656

Email: reception@elizabethfrycalgary.ca

Our Legal Advocacy and Court Programs increase access to justice for those who need it most. Our lengthy experience and resources are unique and support those moving through the justice and legal systems with efficiency and better outcomes. EFry fills the gaps for those that cannot afford legal representation and are ineligible for subsidized or community legal options. In addition, we provide support to those that struggle with multiple barriers that have decreased chances of positive results when attempting to address their legal matters independently.

This Elizabeth Fry Society program fills the gap for those women that are not eligible for legal assistance through legal aid, and cannot afford their own legal support.

Shelters/Housing

Cantara Safe House – Brooks and District Women's Safe Shelter Society

P.O. Box 1045

Brooks, AB T1R 1B8

Phone: 403-362-2766

Crisis Line: 403-793-2232

Email: bdwsss@shaw.ca

<http://cantarasafehouse.ca>

Cantara Safe House offers a 24 Hour crisis line, short-term emergency shelter, support groups, and outreach support. This shelter is gender inclusive with and offers services to individuals or families in abusive relationships. Accommodation is

available for up to 21 days while individuals are provided with support, information, and assistance in planning for their next steps.

Dr. Margaret Savage Crisis Centre

Box 419

Cold Lake, AB T9M 1P1

Phone: 780-594-5095

Helpline: 780-594-3353

Email: info@dmscc.ca

www.dmscc.ca

Dr. Margaret Savage Crisis Centre is an emergency shelter for women with or without children who are fleeing domestic violence or who are in a life crisis. They provide assistance, support and advocacy for individuals who need help. Some of the additional programs and supports that they provide include Joie's Phoenix House, which is a second-stage housing program for women and their children who have experienced violence and need longer support than emergency shelter; Community Support and Outreach Programs for men and women; Children's Education and Support Programs; Prevention Programming and Men's Groups for men.

Harbour House – YWCA Lethbridge and District

604 8th Street S (office address)

Lethbridge, AB T1J 2K1

Phone: 403-329-0088

Crisis Line: 403-320-1881

Toll-Free: 1-866-296-0447

Email: inquires@ywcalethbridge.org

YWCA Harbour House is a 24-bed emergency shelter for women and children who have experienced domestic violence. Accommodations are provided for up to 21 days, and counselling and support are available 24 hours a day. Harbour House also offers referrals and advocacy services, as well as educational workshops for women and children on the impact of family violence on children, the cycle and dynamics of violence, and safety planning. Services are free of charge and always confidential.

Peace River Regional Women's Shelter Society

P.O. Box 7738

Peace River, AB T8S 1T3

Phone: 780-624-3466

Toll-Free: 1-877-624-3466

<http://prrws.com/index.html>

Peace River Regional Women's Shelter Society is a 24-bed facility that offers short term accommodation to women and children in need. This shelter offers a 24-hour

help line, advocacy and referral services to other agencies, as well as risk assessment/safety planning.

Northern Haven Support Society

1004 11 Ave SE// P.O. Box 1433
Slave Lake, AB T0G 2A0
Phone: 780-849-4418
Crisis Line: 1-877-214-4418
Email: northernhaven@hotmail.com

Northern Haven is an emergency shelter for women and children in crisis. Some of the services that they offer include crisis intervention and trauma support, risk assessment and safety planning, advocacy and referrals to other agencies, as well as educational programming. These services are also available to those not using the emergency shelter.

Columbus House of Hope (Capella Centre)

P.O. Box 1237
St. Paul, AB T0A 3A0
Phone: 780-645-5132
Crisis Line: 1-800-263-3045
Email: support@capellacentre.ca
<https://capellacentre.ca/>

This shelter offers emergency lodging for women and children fleeing domestic violence. As an extension of the Capella Centre, counselling—both individual and in groups—is offered. The Centre also provides support groups and cultural programs to families needing support, as well as to anyone in the community.

Blackfoot Family Lodge

830 – 7th Street North
Lethbridge, AB T1H 1Y7
Phone: 403-329-6506
Email: admin@bfls.org

The Blackfoot Family Lodge is an umbrella organization which offers numerous programs and services for Indigenous women and their families, including: emergency and transitional housing, social support service assistance and Blackfoot cultural education. The housing is a 12-bedroom residence that provides women and their children with a safe place to stay and heal from family violence and other crises.

Medicine Hat Women's Shelter Society

P.O. Box 2500

Medicine Hat, AB T1A 8G8

Help line: 403-529-1091

Toll-Free: 1-800-661-7949 Email: info@mhwss.ca

<http://www.mhwss.ca/index.html>

This gender inclusive shelter offers emergency shelter at Phoenix Safe House where 30 beds are available for individuals experiencing family violence. Their services include outreach services, drop in appointments and a 24-hour helpline that can be accessed by anyone who has experienced domestic violence. Safety planning and referrals to other community resources are also available. Their second-stage, transitional housing at Musasa House provides longer-term housing for women and children for up to one year while providing wraparound support services.

Pincher Creek Women's Emergency Shelter Association

P.O. Box 2092

Pincher Creek, AB T0K 1W0

Phone: 403-627-2114

Toll-Free: 1-888-354-4868

Email: pcwesa@telusplanet.net

www.pcshelter.ca

Pincher Creek Women's Emergency Shelter Association provides safe shelter and support services for women and children fleeing violent or abusive situations. They offer 24-hour counselling and crisis line, crisis intervention, in-house support groups, outreach and advocacy services, as well as educational workshops on family violence.

Kainai Women's Wellness Lodge – Kainai Children's Services Corporation

Hwy 2

Stand Off, AB T0L 1Y0

Phone: 403-737-2900

Toll free: 1-800-527-8627

Email: info@kainaicsc.ca

www.kainaiscs.ca

Kainai Women's Wellness Lodge provides a safe and secure environment, crisis intervention and support to women and children experiencing family violence or other related crises. Some of the services that they offer include a 24-hour crisis line, emergency accommodations, crisis counselling, Elder and cultural support, advocacy and referral services, education in family violence and safety, child support programs, and outreach services.

Safe Haven Women's Shelter Society

P.O. Box 4113

Taber, AB T1G 2C6

Crisis Line: 403-223-0483

Outreach Email: outreach1@tabersafehaven.ca, outreach2@tabersafehaven.ca

<http://www.tabersafehaven.ca/>

Safe Haven Women's Shelter believes every individual has the right to be free from abuse, especially within their own families. It provides emergency shelter services, crisis intervention and outreach services for women and children experiencing domestic violence. Safe Haven Women's Shelter also provides public education, and they operate the Safe Families Intervention Team Taber (SFITT) which provides services that encompass all family members exposed to violence.

Neepinise Family Healing Centre

Confidential Address; P.O. Box 900 (Mailing Address)

Wabasca, AB T0G 2K0

Phone: 780-891-3906

Toll-Free: 1-877-891-5322

Crisis Line: 780-891-3333

Email: janet.gladue@bigstone.ca

Neepinise Family Healing Centre is an emergency shelter for women and their children fleeing domestic violence. The Centre offers a wide variety of support services, including individual and group counselling, crisis intervention, emergency local transportation, case management and safety planning, children and youth programming, as well as domestic violence education and workshops.

Rowan House Emergency Society

P.O. Box 5121

High River, AB T1V 1M3

Phone: 403-652-3316

24-Hour Crisis Line: 403-652-3311 (text enabled)

Toll-Free: 1-855-652-3311

www.rowanhouse.ca

Rowan House is a short-term women's emergency shelter in Southern Alberta which provides a safe and supportive environment for women and their children fleeing domestic violence. Their facility has 24 beds in 7 rooms, and some of the programs and services that they provide include child care, counselling, educational workshops and safety planning, as well as community referrals and client advocacy.

Awo Taan Healing Lodge and Women's Shelter

4518 17th Avenue SE (Healing Lodge site) // P.O. Box 6084

Calgary, AB T2H 2L3

Phone: 403-531-1970 ext. 200

Crisis Line: 403-531-1972 or 403-531-1976

www.awotaan.org

The Awo Taan Women's Shelter provides short-term shelter and wholistic support for women and children experiencing domestic violence or other crises. The shelter consists of 32 beds that operate 24/7, and they offer programs related to child development and care, as well as healing circles and parenting programs where childcare is provided. They also have many programs focused on family violence prevention that are gender inclusive.

Calgary Women's Emergency Shelter

93031 RPO Stampede

Calgary, AB T2G 0X6

Phone: 403-290-1552

Family Violence Helpline: 403-234-7233 (SAFE)

Toll-Free: 1-866-606-7233

TTY: 403-262-2768

Text: 403-604-6689

General Email: info@cwes.ca Crisis Email: help@cwes.ca

This shelter offers many healing and prevention programs to the community. Their emergency shelter is only available to women, but their 24 hour family violence helpline is designed for anyone experiencing abuse who is reaching out for support. A counsellor on the helpline provides support, information and referrals, escape and safety planning, and support in leaving an abusive partner. They also have Court Case Coordinators who can assist people who may need help navigating the court system.

Wellspring Family Resource and Crisis Centre

5116 51st Avenue

Whitecourt, AB T7S 1A1

Phone: 780-778-6209

Crisis Line: 1-800-467-4049

<http://whitecourtshester.ca/>

Wellspring programs include an emergency shelter for women and their children. Wellspring also has an Outreach and Youth Outreach Program that provides intensive case management service, to women, men and youth in Whitecourt and the surrounding communities with priority given to those who have experienced family violence. Services include education, emotional support, information on family violence and its effects, referrals to other agencies for ongoing support or assistance, advocacy and assistance with immediate access to basic needs and practical supports.

The Brenda Strafford Centre for the Prevention of Domestic Violence

Calgary, AB

Phone: 403-270-7240

Email: centre@brendastraffordsociety.org

<http://brendastraffordsociety.com>

The Brenda Stafford Centre offers second-stage, transitional housing and supports for people at risk who have experienced family violence. Their second-stage housing program typically supports women and their children for up to six months, and their progressive housing program provides affordable and independent living in a two-bedroom apartment unit for up to 24 months. This shelter also offers individual, group and family counselling, in addition to numerous in-house services and child programs and counselling.

Kerby Rotary Shelter

1133 – 7 Avenue S.W. (Main Office)

Calgary, AB T2P 1B2

Phone: 403-265-0661

Crisis Line: 403-705-3250

Email: info@kerbycentre.com

<https://www.kerbycentre.com/>

Kerby Rotary Shelter provides a safe place for women and men of over 55 years of age who are fleeing abuse. In addition to accommodation, seniors are provided with 24 hour support that includes crisis intervention, advocacy, housing and financial support, life skills training, and medical referrals and community connections. These services are provided for up to 60 days.

Discovery House Family Violence Prevention Society

P.O. Box 85058

Calgary, AB T2A 7R7

Phone: 403-670-0467

Email: shelter@discoveryhouse.ca

www.discoveryhouse.ca

Discovery House provides longer-term, transitional housing and supports for women and children fleeing domestic violence. Through their Community Housing Program (CHP), Discovery House houses multiple families in their secure, 19-unit apartment complex for up to 14 months. They also provide counselling, support and programs to help mothers and their children heal from the effects and trauma of violence.

YWCA Sheriff King Home – YWCA of Calgary

2003 – 16th Street SE (office address)

Calgary, AB T2G 5B7

Phone: 403-266-4111 (information line)

Crisis Line: 403-266-0707
Email: ywca@ywcalgary.ca

YWCA Sheriff King Home is a short-stay crisis shelter for women and their children leaving domestic abuse and violence. In addition to providing basic needs such as food and personal items, the shelter also offers individual domestic abuse counselling and support. Women leaving the shelter and moving into the community can also receive support from the YW Outreach Supports team, who help them navigate the system and refer them to other resources in the community.

Camrose Women's Shelter Society

P.O. Box 1405
Camrose, AB T4V 1X3
Phone: 780-679-4975 ext. 8
Crisis Line: 780-672-1035
Toll-Free: 1-877-672-1010
Email: crisiswork@camrosewomenshelter.org
www.camrosewomenshelter.org

The Camrose Women's Shelter assists individuals and families experiencing family violence and its effects work towards a life free of abuse. They support women and children in crisis through providing emergency shelter, counselling and outreach services. They also offer off-site services through their 24-hour crisis line, off-site counselling and outreach program supports.

Hope Haven

P.O. Box 2168
Lac La Biche, AB T0A 2C0
Phone: 1-866-727-4673
Crisis Line: 780-623-3100
Hopehavenllb.com

Hope Haven offers both emergency shelter and second-stage transitional housing to women and children experiencing domestic violence or abuse. Hope Haven runs a community family violence program that is designed to help families heal from domestic violence and build healthy relationships, and they also run a series of programming for men and women in separate groups that take place over 12 weeks, approximately 3 times a year. Lynne's House - which is a second-stage housing program offered by Hope Haven - provides transitional accommodations and a continuum of services for women and children. Individuals pay a small rent to live in an apartment unit and have access to all of Hope Haven programming.

Compass Second Stage Shelter - Waypoints

Treaty 8, 100-130 Prospect Drive
Fort McMurray, AB

Phone: 587-537-8903
Family Violence Crisis Line: 1-780-743-1190
Sexual Trauma Support Line: 1-780-791-6708
<https://www.waypointswb.ca>

Waypoints is a non-profit organization working to end domestic-family violence, sexual assault, abuse and homelessness. They offer a variety of services and supports, in the Wood Buffalo region, including an emergency shelter (Unity House), second stage housing, child development programs and next step programs. Individuals can call the 24-hour family violence crisis line and receive service through the Domestic-Family Violence Outreach Program which provides support to individuals who are experiencing or have experienced any form of domestic-family abuse, including child abuse, intimate partner violence, or relationship conflicts. Services include support, case management, individual trauma counselling, group programming and advocacy.

Safe Home

P.O. Box 396
High Level, AB T0H 1Z0
Phone: 780-926-2277
Crisis Line: 780-926-3899
Toll-Free: 1-888-926-0301
safehome@telusplanet.net

Safe Home offers shelter and counselling 24 hours a day to women in crisis and their children. Additional services that Safe Home offers include information provision and referrals, as well as community education and workshops on family violence and dating violence.

The Sonshine Centre – Sonshine Community Services

P.O. Box 34067 RPO
Westbrook, AB T3C 3W2
Phone: 403-243-2002
Email: info@sonshine.ca
www.sonshine.ca

The Sonshine Centre is a second-stage women's shelter which offers a full-year residential program and a six month follow-up program to help women safely integrate back into a life free from violence. Some of the services that Sonshine Centre provides for its residents include: individual counselling, support groups and group activities, on-site child care, education and information, as well as referrals to healthcare, addictions services, peer support and legal support services.

YWCA Mary Dover House

320 5 Avenue Southeast

Calgary, AB T2G 0E5

Crisis Number: 403-266-0707

Phone: 403-263-1550

Email: ywca@ywcalgary.ca

YWCA Mary Dover House provides short-term supportive and affordable housing for women and children who are homeless, impoverished, and/or living in crises. Although their short-term housing requires a rental payment, Mary Dover House provides emergency bds for clients up to 14 days free of charge. They also offer advocacy, counselling and referral services, including referrals to YWCA community housing.

Alcove (formerly known as Youville Women's Residence)

1937 – 42 Avenue SW

Calgary, AB T2T 2M6

Phone: 403-984-2707

Email: intake@alcoverecoverly.net

Alcove is a residential facility which helps women turn their lives around and break the cycle of addictions, abuse and mental health distress. Their goal is to help women heal from co-occurring issues of addiction, mental distress and histories of abuse through holistic counselling and programming. These services aim to meet the physical, emotional, spiritual and social needs of women. In order to keep families intact, Alcove offers accommodations and programs that include children.

Lurana Shelter Society

P.O. Box 99540

Edmonton, AB T5B 0E1

Phone: 780-422-7263

Crisis Line: 780-424-5875

Email: info@luranashelter.com

www.luranashelter.com

Lurana Shelter provides emergency shelter and supports for women and their children experiencing domestic violence. Their Domestic Violence Program is a 21-day program that offers holistic services such as: education, counselling, crisis intervention, support groups, advocacy services and referrals for women and children while providing them with a confidential, high security residence to stay. They also provide childcare, outreach services and intensive case management.

Crossroads Resource Centre and Women's Shelter

P.O. Box 1194

Fairview, AB T0H 1L0

Phone: 780-835-2120

Crisis Line: 1-877-835-2120

www.crossroadsresourcecentre.com

Crossroads provides emergency shelter for women and their children who have experienced violence and abuse. The shelter provides a safe and comfortable place to stay, food and other essentials, assistance with transportation and childcare, advocacy and accompaniment to appointments and court, individual and group support, skill building and referrals. Crossroads' Outreach Program is designed for people who have experienced abuse or are at risk of experiencing abuse, but are unable to come into the shelter or who are not in need of housing. The outreach services involve advocacy and court support, referrals to other community agencies and life skills training.

La Salle – Catholic Social Services

(No Public Address)

Edmonton, AB

Phone: 780-391-3174

<https://www.cssalberta.ca/Our-Services/Domestic-Abuse-Shelters-Support>

La Salle is a second-stage women's shelter for women and their children who have left abuse and are in the process of transitioning from a front-line crisis agency. The program provides accommodation in nine furnished suites for women and their children for up to 1 year, in addition to support in the form of group workshops, individual counselling, childcare, etc. Although La Salle house is located in Edmonton, Catholic Social Services provides additional supports for women, children and families experiencing domestic violence and their offices are spread out across Alberta.

WINGS – Wings of Providence Society

P.O. Box 32141

Edmonton, AB T6K 4C2

Phone: 780-426-4985

24-Hour Toll-Free: 1-866-331-3933

www.wingsofprovidence.ca

WINGS is a second-stage, long-term shelter for women with or without children. Their shelter consists of 20 self-contained, two and three furnished bedroom apartments, and they can accommodate clients for up to six months. WINGS shelter also provides wraparound services including: group and individual counselling,

child care programming, outreach and referral services to help mothers and their children heal from family violence and work towards independence.

Sage Senior Safe House

15 Sir Winston Churchill Square (Main Office)

Edmonton, AB T5J 2E5

Phone: 780-702-1520

Senior Abuse Helpline: 780-454-888

Email: info@MySage.ca

<https://www.mysage.ca/help/seniors-safe-house>

The Seniors Safe House is a seven-suite facility for seniors over 60 years of age who are leaving abusive situations. Sage provides seniors with shelter and support for 60 days. Suites are fully furnished and stays include all meals and toiletries. Social workers are on site to provide support and assistance with areas of life that have been affected by abuse, such as financial, housing, emotional support and counselling. For those who want to access Safe House, they can call Sage's Safe House intake line Monday through Friday, 9:00am-4:30pm.

WIN House – Edmonton Women's Shelter

P.O. Box 20088 RPO Beverly (main office)

Edmonton, AB T5W 5E6

Phone: 780-471-6709 (general inquiries)

24-Hour Helpline: 780-479-0058

Email: help@winhouse.org

www.winhouse.org

Edmonton Women's Shelter has three WIN Houses which provide emergency shelter for women with and without children fleeing family violence or abuse. One of the houses – Carol's House – aims to meet the specific needs of immigrant, refugee and trafficked women. WIN House offers several programs for women and their children. Some of these programs include: 24-hour helpline, crisis intervention, child support, pet-care program, intensive case counselling, as well as outreach services and safety planning.

Ermineskin Women's Shelter Society

P.O. Box 1830 (mailing address)

Maskwacis, AB T0C 1N0

Phone: 780-585-4444 (24 Hour)

Toll-Free: 1-866-585-3941

Email: ewsshope@incentre.net

Ermineskin Shelter is located in Ermineskin Cree Nation and is an emergency shelter which provides short-term housing and supports to women, children and families fleeing domestic violence or in crisis. This shelter offers both residential

and non-residential counselling, crisis intervention, education on domestic violence, advocacy and referrals, transportation, and child care. In terms of support services, Ermineskin Shelter also provides health and wellness programs, as well as spiritual services.

A Safe Place

P.O. Box 3282

Sherwood Park, AB T8H 2T2

Phone: 780-464-7232 (main office)

24-Hour Crisis Line: 780-464-7233

Toll-Free: 1-877-252-7233

A Safe Places provides short-term emergency shelter for women and their children who have experiencing domestic violence. Individuals can stay at the shelter for up to 21 days, and they will receive numerous supports, including counselling, information and referrals to appropriate resources, as well as child care. Access to the shelter and its services are provided free of charge, including transportation to and from the shelter.

Wheatland Crisis Society (Strathmore Shelter)

P.O. Box 2162

Strathmore, AB T1P 1K2

Crisis Line: 403-934-6634

Toll Free: 1-877-934-6634

Email: wcs.general@wcsab.ca

<http://strathmoreshelter.com>

The Wheatland Crisis Society provides ongoing gender inclusive supports and services to women, men, and children who have experienced family abuse. The Wheatland Crisis Society provides short-term shelter, food, clothing, crisis counselling and referral and advocacy to victims of domestic violence and abuse. Individuals are encouraged to contact the shelter to complete an assessment prior to intake, but the 24-hour crisis line is available at all times.

Bow Valley Women's Emergency Shelter (YWCA Banff)

Box 520

Banff, AB T1L 1A6

Phone: 403-760-3200

403-762-3560 (after hours)

<http://ywcabanff.ca/programs-services/emergency-shelter/>

The Bow Valley Emergency Shelter is a safe space for people who are fleeing domestic violence. Any individual from the Bow Valley area who is experiencing emotional or physical abuse and needs somewhere safe to stay is welcome. The

team will provide clients of the shelter with confidential, supportive counselling and give them appropriate referrals to other community services. YWCA Banff also offers the Intimate Relationships Program, which is designed to educate the community on intimate partner violence and abuse, as well as increase awareness of the supports available in Bow Valley.

Grande Cache Transition House

(No Public Address)

Grande Cache, AB

Phone: 1-866-957-3776 (Business Line)

Crisis Line: 780-827-1791

Email: teahouse@hotmail.com

Grande Cache Transition House is a short-term emergency shelter for women with or without children who need a safe place to stay. They provide information and referrals to other community agencies, and they also offer community education to raise awareness on violence against women.

Sucker Creek Women's Emergency Shelter

P.O. Box 231

Enilda, AB T0G 0W0

Phone: 780-523-2929 (Business Line)

24-Hour Crisis Line: 780-523-4357

Email: screekwes@gmail.com

Sucker Creek Women's Emergency Shelter is an emergency shelter for women in crisis as well as abused women and children. It provides a safe and secure environment for women and their children for up to 21 days. For women and children who are in need of longer accommodation, Next Step is a second-stage shelter program which offers longer-term transitional housing.

Mountain Rose Women's Shelter Association

P.O. Box 325

Rocky Mountain House, AB T4T 1A3

Phone: 403-845-5339

Crisis Line: 1-877-845-4141

Mountain Rose provides emergency shelter for women and their children escaping domestic violence or abuse. In addition to providing safe shelter, Mountain Rose offers numerous outreach supports, including women's groups, advocacy and referral services to appropriate resources, as well as educational workshops. They also provide programs for abusers and male victims of domestic violence.

Odyssey House

(No Public Address)

Grande Prairie, AB

Phone: 780-538-1332 (Business Line)

Crisis Line: 780-532-2672

Email: admin@odysseyhouse.ca

Odyssey House is an emergency shelter for women and their children who are victims of domestic violence, are in crisis, or are in need of a housing alternative. It has 14 bedrooms with 42 beds in total, and the shelter offers support groups, childcare and other outreach supports. Odyssey House also offers Serenity Place, which is a second-stage transitional housing program for women with or without children needing longer-term support. Serenity Place is a 14-unit apartment building with subsidized rent, and women can stay for anywhere from six to twenty-four months.

Jessie's House

(No Public Address)

Morinville, AB

Phone: 780-939-2870

24-Hour Crisis Line: 1-866-939-2850

Email: info@jmmf.ca

Jessie's House is a 35-bed facility which provides shelter and trauma-informed services to individuals, of any age or gender, and families fleeing violence or abuse. Jessie's House also provides a broad range of services including: outreach, case management, court support and specialized supports for children. Although they mainly serve individuals and families from the Sturgeon Region and St. Alberta area, residents outside these regions are supported as capacity permits.

Yellowhead Emergency Shelter for Women Society

P.O. Box 6401

Hinton, AB T7V 1X7

Phone: 780-865-4359 (Main Office)

24-Hour Hotline: 780-865-5133

Toll-Free: 800-661-0937

Yellowhead Emergency Shelter for Women Society is a short-term women's emergency shelter which serves women and families. This shelter has 10 beds and can accommodate individuals for up to 21 days. Some of the emergency services that this shelter provides include danger and/or risk assessments, crisis intervention services, and outreach services such as family violence prevention education.

Eagle's Nest Stoney Family Shelter

(No Public Address)

Morley, AB

Phone: 403-881-2000 (Main Office)

24-Hour Hotline: 403-881-2025

For 911 on reserve dial: 403-932-2222

www.eaglesnestshelter.ca

Eagle's Nest is a safe haven and emergency women's shelter for women and their children in Stoney Nation fleeing family violence. Eagle's Nest offers 24/7 support through their crisis information line, and they also provide individual and group counselling, Elder guidance services, child support, as well as ongoing support and outreach supports for women and their children in the community.

Central Alberta Women's Emergency Shelter

P.O. Box 561

Red Deer, AB T4N 5G1

24-Hour Toll-Free Helpline: 1-888-346-5643

Crisis Text Line: 403-506-0485

Email: generalinfo@cawes.com (not monitored on weekends)

Website: www.cawes.com

The Central Alberta Women's Emergency Shelter offers safe refuge, counselling and community support for families experiencing family violence. The shelter provides numerous programs and services free of charge for women and their families who have been impacted by violence and abuse, including: emergency shelter for up to 21 days, crisis intervention and counselling, child support and family enhancement programming, information and referrals to appropriate resources, as well as outreach services and follow-up programming.

Inn from the Cold

Suite 106-110 11th Avenue SE

Calgary, AB T2G 0X5

Phone: 403-263-8384

Email: info@innfromthecold.org

This shelter is specifically designed for families and children who are in crisis or experiencing homelessness and need a place to stay. They provide shelter, nutritious food, clothing, medical care, and access to education. Case managers on-site can connect families to appropriate community resources such as immigration services, addiction treatment programs and mental health support. Inn from the Cold also operates Journey House, which has a 10 unit apartment building that accommodates families who are in transition from having no place to live to being at home in the community.

Valeda House & St. Katharine Drexel Place (Catholic Social Services)

Edmonton, Alberta

General: 780-428-8671

Valeda House: 780-756-1882

Website: <https://www.cssalberta.ca/Our-Services/Supportive-Housing>

Both of these residences provide short-term and transitional housing for women with or without children experiencing homelessness, poverty and other crises. While Valeda House is an emergency shelter for women with or without children for up to six months, St. Katherine Drexel Place is a longer-term home for women who are actively seeking employment, education or other programs in the community. At both residences, women pay a monthly fee for their rent and living expenses.

Lloydminster Interval Home

P.O. Box 1523

Lloydminster, SK, S9V 1K5

<https://intervalhome.org>

Email: support@llyodintervalhome.com

Crisis & Support Line: 780-875-0966 Text: 780-808-1777

Emergency Crisis Shelter: The Lloydminster Interval Home provides free of charge, temporary, safe accommodation for women and children experiencing family violence or other life crisis. Services include information and support to women who are physically or emotionally abused, referrals to appropriate community resources, support programs for families and educational programs for schools and other community organizations. The emergency shelter is staffed 24 hours a day, 7 days a week. The length of stay can be anywhere from a few days or up to three weeks. We are here to help women and their children stay safe from family violence.

Dol-Mar Manor Second Stage

P.O. Box 1523

Lloydminster, SK, S9V 1K5

<https://intervalhome.org>

Email: support@llyodintervalhome.com

Crisis & Support Line: 780-875-0966 Text: 780-808-1777

Dol-Mar Manor provides longer term support, programming and security in modestly furnished, independent apartments. Dol-Mar Manor offers one-on-one support for families, providing practical assistance with parenting, life skills, budgeting, nutritional meal planning, etc. We are proud to offer a family-focused range of services and supports to mothers, children and youth! Programs include:

Life Skills, Parenting, and Child's Play. All of the services available at Dol-Mar Manor are in an effort to assist women to gain the tools necessary to live a life outside the web of Family Violence.

Nisa Homes for Muslim Women

<http://nisahomes.com>

email: info@nisahomes.com

Main Phone Line: 1-888-456-8043

Calgary

calgary@nisahomes.com

1-888-456-8043 x 404

Edmonton

edmonton@nisahomes.com

1-888-456-8043 x 405

Nisa Homes is a group of transitional homes (long-term shelters) for immigrant, refugee, non-status and Muslim women who are homeless or at risk of becoming homeless. We are a safe haven for women experiencing domestic violence, poverty, homelessness or seeking asylum. Nisa Homes is a place for women to live comfortably and feel safe in a supportive home environment, to explore their cultural identity, and to directly connect with their community. By providing this environment we hope to enable women to feel safe and supported to develop the tools needed to achieve independence and self-sustainability.

Paspew House, Mikisew Cree First Nation

PO Box 90

Fort Chipewyan, Alberta, T0P 1B0

Primary Telephone:

780-697-3323 (24 hour crisis line)

Secondary Telephone:

780-697-3329

Email Address:

paspew@telusplanet.net

Provides a safe place for women escaping domestic violence. Offers public educational programs on relationship prevention in family violence. Offers 24 hour crisis line for the community.

Counselling/Support

The Family Violence Action Society

4821 – 51 Street

Camrose, AB T4V 1R9

Phone: 780-672-0141

<https://camrosefcss.ca/funded-programs/family-violence-action-society/>

The Family Violence Action Society provides help for men, women and children to understand family violence, build healthier relationships and move forward. They offer three main programs that are focused on addressing family violence and abuse: Intimate Partner Abuse and You is a 14-week education and counselling-based program for men and women whose intimate relationships have involved any form of abuse; Child & Youth Counselling is offered through both individual and group settings; and Anger Management is provided for both adults and children who experience chronic anger.

Flagstaff's Initiative to Relationship & Spousal Trauma

4809 49 Ave

Killam, AB T0B 2L0

Phone: 780-385-3974

<http://www.firstinflagstaff.ca>

Flagstaff's Initiative to Relationships and Spousal Trauma (F.I.R.S.T.) is a program developed by the Flagstaff Family and Community Services and the RCMP to address the trauma caused by abuse in relationships, including family violence, dating violence, etc.

Lethbridge Family Services

1107 – 2 Ave. A North

Lethbridge, AB T1H 0E6

Phone: 403-327-5724

Email: info@lfsfamily.ca

Lethbridge Family Services provides numerous health and social services to individuals and families in Southwestern Alberta. In terms of family violence or domestic abuse, Lethbridge Family Services offers individual, couples and family counselling, group counselling, educational presentations, training/workshops, personal growth groups and individual education. All of their services are strength-based, goal focused and trauma informed.

Sexual Assault Response Committee

640 3rd Street SE

Medicine Hat, AB T1A 0H5

Phone: 403-548-2717

Email: info@LiveNewell.com

Website: www.mhsarc.com

Sexual Assault Response Committee is an organization which utilizes a collaborative, action-focused response to promote healthy relationships and end sexual violence and all other forms of family violence or abuse. Some of the services and resources that the Sexual Assault Response Committee offer include: individual therapy, group supports, education programs targeted to all ages, as well as workshops focused on how to respond to, report, and recognize the signs and long-term impacts of sexual violence.

Pace - Community Support, Sexual Assault, and Trauma Centre

10031 103rd Avenue

Grande Prairie, AB T8V 1B9

Phone: 780-539-6692

Peace Country Sexual Assault Help Line: 1-888-377-3223

Email: askpace@pacecentre.com

<http://www.pacecentre.com>

Pace offers support services, short-term counselling, and longer-term therapy for all individuals who have experienced sexual violence. Sessions are generally capped at 24 sessions and are free of charge or on a sliding scale fee, depending on the client's circumstances. Their family support program also offers in-home support to ensure the safe and healthy development of children in the home, as well as supervised visits for family members that may be at risk of harm without monitors present.

Calgary Communities Against Sexual Abuse (CCASA)

Suite 700, 910 – 7th Avenue S.W.

Calgary, AB T2P 3N8

Phone: 403-237-6905 (Main Office)

Support and Information Line: 403-237-5888

Calgary Communities Against Sexual Abuse (CCASA) is the primary sexual abuse and sexual assault crisis and education service provider for Calgary and its surrounding areas. CCASA offers multiple services for individuals aged 12 years and older, including crisis intervention, individual specialized counselling and group counselling, supports for male survivors of sexual abuse, as well as 24-hour collaborative Sexual Assault Response Team made up of CCASA, Alberta Health Services, RCMP and legal services to provide specialized care to those who have been sexually assaulted (within the past 96 hours). There is a small, sliding scale fee for group counselling.

Calgary Counselling Centre

Suite 1000, 105 – 12 Avenue SE

Calgary, AB T2G 1A1

Phone: 403-265-4980 (Reception)

Counselling Registration: 1-833-827-4229

Distress Centre 24-Hour Crisis Line: 403-266-4357

Email: contactus@calgarycounselling.com

Calgary Counselling Centre provides numerous services and supports through offering counselling for individuals and couples, families, youth, as well as groups. Some of the topics that Calgary Counselling Centre provides counselling for include domestic abuse, sexual abuse, elder abuse, family issues, parent-child conflict, physical and sexual abuse of children, etc. They also offer 14-week domestic abuse programs for both women and men who have experienced domestic violence, or who need support in developing healthier relationships. There are no financial barriers for access to services.

The Family Centre

20-9912 106th Street NW

Edmonton, AB T5K 1C5

Phone: 780-900-6129

<https://www.familycentre.org>

The Family Centre offers a variety of counselling and family support programs. There is free single session drop-in counselling and goal-oriented counselling with a mental health therapist which is free for the first session. They also have therapeutic groups for both men and women who are experiencing challenges in their relationships. These do come with a fee, but subsidies may be available based on the agency's sliding scale.

Sexual Assault Centre of Edmonton

Suite 205-14964 121A Avenue

Edmonton, AB T5V 1A3

Phone: 780-423-4102

Crisis Line: 1-780-423-4121

Email: info@sace.ca

<http://www.sace.ca>

This agency offers up to 15 individual counselling sessions and group counselling as well as court support for all individuals who have experienced sexual abuse. All counselling and group services are free of charge. Some of the adult group counselling programs offered include: Adult Survivors Healing from Abuse for women who have experienced child abuse; Sexual Assault Survivors Support Group

for women who have experienced sexual violence in adulthood; Skills for Change for adults on the waitlist for individual counselling services; among other groups available based on capacity.

Sagesse

240, 1509 Centre Street SW

Calgary, AB T2G 2E6

Phone: 403-234-7337

Email: info@sagesse.org

Sagesse is a non-profit organization which delivers services, programming and education for all women who are experiencing domestic violence, are at risk of being abused, or women involved in sex work. Sagesse offers peer support groups and mentorship programs, domestic violence education and workshops, and wrap-around collaborative support with the help of 70 social service agencies. Their programs are delivered throughout Calgary and in rural communities across Alberta.

Family Conflict Program – Calgary Immigrant Women’s Association

#200, 138 – 4th Avenue SE (Head Office)

Calgary, AB T2G 4Z6

Phone: 403-263-4414

Email: reception@ciwa-online.com

The Family Conflict Program provides professional and culturally-sensitive counselling for immigrant women and their families who are experiencing transitional challenges, relationship issues, abuse and trauma. The program offers individual, couples and family counselling, workshops and support groups, community resource referrals and advocacy services, as well as emergency housing support. Supports can also be provided in an individual’s first language if needed. All immigrant women and their families are eligible for the program, including those who are Canadian citizens.

University of Alberta Sexual Assault Centre

2-705 Students’ Union Building (SUB), University of Alberta

Edmonton, AB T6G 2J7

Phone: 780-492-9771

Email: sexualassaultcentre@ualberta.ca

The University of Alberta Sexual Assault Centre support for survivors of sexual violence through providing drop-in crisis intervention. Their services are available to people of all genders, sexualities and backgrounds, and operate from a feminist, anti-oppressive, trauma-informed and person-centred framework. All services are free of charge.

Women's Support Services – Support Group

(No Public Address – Confidential Locations)

Edmonton, AB T5K 0L4

Phone: 780-496-4777

This support group is offered through the City of Edmonton Services and it offers a support for women aged 18 years and older who are experiencing or have experienced control and violence in their intimate relationships. These groups, which are offered at confidential locations, provide emotional support, education and awareness related to power, control, the cycle of violence, effects of abuse, safety planning, etc., as well as referrals and additional resources. Registration is required through a phone consultation and an in-person group facilitator. Self-referrals are accepted.

John Howard Society Family Violence Prevention Centre

#401, 10010-105 Street

Edmonton, AB T5J 1C4

Phone: 780-423-1635

<https://johnhoward.org/programs-services/family-violence-prevention-centre/>

The Family Violence Prevention Centre (FVPC) provides free services to individuals experiencing family violence. Some of the services that FVPC provides include: Outreach Supports through ongoing support and advocacy; a Furniture Program for individuals and families who have recently fled a violent situation; a Partner Check Outreach Program to offer support for the partners of individuals in treatment for abuse; and a Domestic Violence Complainant Assistance Program to provide support and advocacy from trained court workers to assist in navigating the court processes.

Islamic Family Services

IFSSA North Office

12811 58 Street

Edmonton, AB T5A 4X1

Helpline: 780-900-2777

Email: info@ifssa.ca

Islamic Family Services helps individuals, families, elders and children facing difficulties or experiencing crises. They provide culturally and spiritually sensitive services in the form of programs which address food and economic security, domestic violence, newcomer resettlement, etc. For those experiencing domestic violence, Islamic Family Services offers individual counselling, outreach and referral services, as well as information on legal rights in Canada. They also provide court mandated supports to perpetrators of violence wanting to learn healthy relationships and healthy behaviours.

Métis Child and Family Services Society

10437 – 123 Street
Edmonton, AB T5N 1N8
Phone: 780-452-6100
Email: info@metischild.com

Métis Child and Family Services Society aims to provide effective family supports to Métis children and families in need through offering programs which preserve and strengthen the Métis Family. They offer a variety of services, including the Family Violence Program; which is a program that assists individuals with exiting an abusive situation and/or creating a safety plan to maintain a healthy and safe environment. Services that are offered in this program include: counselling, in-home support, advocacy and referrals services to community supports.

The Red Road Healing Society

10045 156 St NW
Edmonton, AB T5P 2P7
Phone: 780-471-3221

The Red Road Healing Society is a non-profit child and family resource centre which offers numerous community-based services to assist in supporting and creating change for adults, youth, children and families. Their mission is to remember, renew and restore Indigenous traditional roles and values and to continually move forward in a healthy way. They offer various outreach, mentor and crisis programs, including: Family Violence Workshops, Family Programs, Healing Circles, Survivor Workshops, Child and Parenting Programs, etc. Their workshops and supports are provided free of charge.

Saffron Sexual Assault Centre

110-222 Athabasca Avenue
Sherwood Park, AB T8A 4C9
Phone: 780-449-0900
Toll Free: 1-888-416-7722
SACE Crisis Line: 780-423-4121
Email: publiced@saffroncentre.com
<http://saffroncentre.com>

Saffron Centre offers one-on-one counselling, group therapy, and art therapy for individuals who have been affected by sexual abuse. Counselling services are offered on a sliding scale basis and are capped at 20 sessions per client. No referral is necessary.

YWCA Banff – Intimate Relationships Program

102 Spray Ave, Box 520
Banff, AB T1L 1A6

Phone: 403-762-3560
Email: yps@ywcabanff.ca

YWCA Banff is an organization which provides community education programs for children, youth and adults on topics such as empowerment, healthy relationships and understanding intimate partner violence. For women, the Intimate Relationships program provides support and education on intimate partner violence and abuse. The intent of this program is to strengthen support and referrals skills, and to build a bridge between informal and formal supports in the community. This program is available free of charge to residents of the Bow Valley Area.

Mamowichihitowin Community Wellness Program

Hinton Friendship Centre Society – 965 Switzer Dr
Hinton, AB T7V 1W1
Phone: 780-817-4000
Email: lisa@yfcm.ca

The Mamowichihitowin Community Wellness Program aims to break the cycle of abuse and focus on understanding and treating both historical and current trauma experienced by Indigenous adults, children and families. This program incorporates a therapeutic model based on the Medicine Wheel and the traditional Indigenous perspective of spirit, mind and body. The program addresses violence and incest within families through a holistic and cultural perspective, with both individual and group therapy incorporated into the program. The program length is 18 to 30 months depending on the family.

Central Alberta Sexual Assault Support Centre

A201, 5212 48th Street
Red Deer, AB T4N 7C3
Phone: 403-340-1124
24-hour sexual assault crisis line: 1-866-956-1099
Email: casasc@casasc.ca
<http://www.casasc.ca/>

Central Alberta Sexual Assault Support Centre offers one-on-one crisis and short term counselling as well as support for victims of sexual assault and their families. All counselling services are free of charge with male and female counselors. Group counselling is offered when seen as appropriate by a counselor.

Women's Outreach Society

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca

<https://www.womensoutreach.ca>

Women's Outreach offers a number of programs and services to address domestic violence. Some of the programs that they offer for women and children experiencing domestic violence include: Julietta's Place, which is an 18 month housing program; Domestic Violence and Domestic Abuse Intervention Team(s); Domestic Violence Therapeutic and Counselling Services, etc. They also have an eight-week Women's Domestic Violence 101 Education and Support Group for women aged 18 years and older who have been affected by violence.

Dragonfly Sexual Assault Services

4808A 50th Avenue

Bonnyville, AB T9N 2G9

Phone: 780-812-3174

Text: 780- 207-7535

Email: info@thedragonflycentre.com

<http://www.thedragonflycentre.com>

This agency is open to all men, women, and children who have been impacted by sexual violence. Services are free and confidential. Crisis intervention, support, and counselling services are offered and appointments may be made for staff to travel to meet survivors in several communities. Distance counselling services may also be provided.

Stepping Up – North Peace Society for the Prevention of Domestic Violence

9613 100 Street

Peace River, AB T8S 1S4

Phone: 780-624-8235

Email: info@prsteppingup.ca

Stepping Up is a 16-week group therapy program for individuals aged 18 years and older who have been affected by family violence. This program supports personal growth and change through enhancing the skills and values of compassion, respect and equality. The goal of the program is to build healthy relationships free from violence and abuse

Parenting/Children

YWCA's Family Access Services

320 5th Avenue SE

Calgary, AB T2G 0E5

Phone: 403-206-2767

This visitation program provides safe and supervised visits and exchange services for families who are going through difficult transitions or experiencing conflict. This is most often in regards to situations where custodial agreements or safety issues are a concern. The program helps facilitate visits between children and non-custodial parents in a safe environment. Both parents must contact the program to register and there will be fees associated with supervised visitation, although not with monitored exchanges.

Family Connections INC

105, 13245 140 AVE EDMONTON, AB | T6V 0E4

Edmonton, AB T5E 2M5

Phone: 780-413-6140

Email: info@familyconnectionsinc.ca

<http://www.familyconnectionsinc.net/>

This agency provides court-ordered supervised access for families that require this service, typically due to domestic violence or high conflict situations. Their program offers a strength-based approach that allows parents to visit with their children in a safe environment. They also offer many group, family, and community programs that are focused on family reunification and the emotional health of every individual.

Kids Kottage

10107 - 134th Avenue

Edmonton, AB T5E 1J2

Phone: 780-448-1752

Crisis Line: 780-944-2888

Email: info@kidskottage.org

<https://www.kidskottage.org>

Kids Kottage is a crisis nursery that offers emergency respite to families in crisis by admitting their children, up to 11 years of age, for up to 72 hours. This service is free of charge and follow-up supports are available for parents.

Children's Cottage Society

845 McDougall Road NE
Calgary, AB T2E 5A5
Crisis line: 403-233-2273

Offers crisis nursery, in-home infant respite and childcare programs.

Safe Visitation (YWCA Lethbridge)

604 8th Street S
Lethbridge, AB T1J 2K1
Phone: 403-329-0088
<http://programs.ywcalethbridge.org/safe-visitation-1>

YWCA's Safe Visitation program provides a safe, child-friendly space for non-custodial parents to visit their children and work on building a healthy relationship. Parent-child time is supervised by two professionals to ensure the visit is stress-free. Referrals can be through the court system or through other agencies; self-referrals are also accepted. There are no fees associated with the program.

Safe Visitation and Monitored Exchange (Women's Outreach Society)

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca
<https://www.womensoutreach.ca>

The Safe Visitation program of the Women's Outreach Society is an impartial program that allows children to continue visiting non-custodial parents in a supportive environment in situations when families are dealing with the impact of domestic violence in Central Alberta. The Monitored Exchange program safely transitions children from one parent to another to eliminate the children from witnessing a negative interaction between the parents.

Dragonfly Children's Healing Centre (Women's Outreach Society)

4101-54th Avenue
Red Deer, AB T4N 7G3
Phone: 403-347-2480
Toll-Free: 1-866-347-2480
Email: info@womensoutreach.ca
<https://www.womensoutreach.ca>

The Dragonfly Children's Healing Centre strives to nurture, protect, enrich, educate and provide healing avenues for children and youth who are experiencing trauma from domestic violence, homelessness, and suicide.